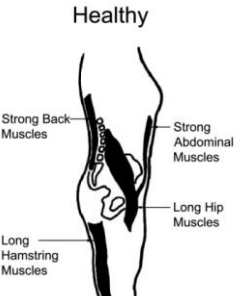








# SPRING/Summer Courses 2019 with Phys-x

Earn extra part time income by becoming a Fitness Professional

Training Courses	Events – Location 1	Events – Location 2
<p><b>Fitness Theory Prep Course</b> Fee: \$ 420</p> 	<p><b>@Alchemy (North Vancouver)</b> Weds May 15th, 22nd, 29th 9:15 am – 1 pm</p> <p>Tuesday &amp; Thursdays June 20, 25 &amp; 27th 6:30 - 10 pm</p> <p>Thursday July 25th 6:30-9:30, &amp; Sunday July 28th 9- 4:30</p> <p>Thursday Sept 5th 6:30-9:30, &amp; Sunday Sept 8th 9-4:30</p>	<p><b>@UBC Pool</b></p> <p><b>#1:</b> Thurs July 4th: 4-9 pm, Sat July 6th 10-5:30 pm</p> <p><b>#2:</b> Thurs Aug 22nd: 4-9 pm, Sat Aug 24th 10-5:30 pm <a href="http://www.aquatics.ubc.ca">www.aquatics.ubc.ca</a></p> <p>Private courses: by request</p> <ul style="list-style-type: none"> <li>• Individual: \$735</li> <li>• 2 people or distance education: \$ 550/person</li> </ul>
<p><b>Aqua Fitness</b> Fee: \$420</p> 	<p><b>Todos Santos, Mexico</b> Fit theory/Aqua course/Aqua Practicum + ICE <b>June 5-16th</b></p> <p><b>@Alchemy + Vancouver Pools:</b> Weds July 31, Aug 7th &amp; 14th: 2:30-7:30 pm</p> <p>Private courses: by request</p> <ul style="list-style-type: none"> <li>• Individual: \$735</li> <li>• 2 people or distance education: \$ 550/person</li> </ul>	<p><b>@UBC Pool</b></p> <p><b>#1:</b> Thurs May 30th: 5-9 pm, Sat June 1st: 9-6 pm</p> <p><b>#2:</b> Thurs July 18th: 5-9 pm, Sat July 20th: 9-6 pm</p> <p><b>#3:</b> Mon Aug 27th, Tues Aug 28th, &amp; Weds Aug 29th 5 pm -9:15 pm <a href="http://www.aquatics.ubc.ca">www.aquatics.ubc.ca</a></p>
<p><b>Group Fitness</b> Fee: \$420</p> 	<p><b>@Alchemy</b> Tuesdays: June 25th, July 2, 9 &amp; 16th, 2-6 pm</p> <p><b>@Alchemy</b> Thursdays: Aug 1, 8 &amp; 15th, 3-8:45 pm</p> <p><b>@Alchemy</b> Thursdays: Sept 19th &amp; 26th 6-10 pm &amp; Sunday Sept 22nd 9-5:30 pm</p> <p>Private Courses: by request</p> <ul style="list-style-type: none"> <li>• Individual: \$735 or 2 people/distance education: \$ 550/person</li> </ul>	
<p><b>Weight Training</b> Fee: \$ 550</p> <p><b>Personal Training</b> Fee: \$ 750</p> 	<p><b>Weight Training: @Alchemy</b> Fridays: June 29th, July 5, 12th: 2-7 pm + <u>Sunday July 7th</u> 9 am-3pm Private Courses: by request</p> <ul style="list-style-type: none"> <li>• Individual: \$840 or 2 people/distance education: \$ 650/person</li> </ul> <p><b>Personal Training: @Alchemy</b> Fridays: July 26, Aug 2, 9th: 2-8:15 pm, + <u>Sat July 27th/Aug 3rd</u>: 9am-3:30 pm</p> <p>Private Courses: by request</p> <ul style="list-style-type: none"> <li>• Individual: \$ 1200 or 2 people/distance education: \$ 950/person</li> </ul> <p>Private Training</p>	
<p><b>BCRPA Renewal Credits</b></p>		
<p><b>Making Waves Aquatic &amp; Fitness Conference</b> <b>@Templeton Pool, Vancouver</b> on Sunday June 2nd</p>  <p><b>Presenters:</b> Brian Justin, Sandra Starrett, &amp; Brenlee Rempel</p> <p><b>Fee: \$210.00</b> <b>7.25 BCRPA credits</b></p>	<p><b>The Mobility Stability Relationship @ Alchemy, North Vancouver</b></p>  <p>on Saturday July 13th, 9:30-3:30 pm</p> <p><b>Presenter:</b> Brian Justin</p> <p><b>Fee: \$262.50</b> <b>6 BCRPA credits</b></p>	
	<p><b>21 Point Inspection for Personal Trainers @ Alchemy, North Vancouver</b></p> <p>on Saturday Sept 28th, 9:30-3:30 pm</p> <p><b>Presenter:</b> Brian Justin</p> <p><b>Fee: \$262.50</b> <b>6 BCRPA credits</b></p>	

To Register or for more info: Contact Sandra by e-mail [s-star@shaw.ca](mailto:s-star@shaw.ca) or text: **604 785-8776**